

# Exploring the Path of Integrating Dabie Mountain Spirit Into University Teaching: Taking Folk Song Culture Inheritance as the Carrier

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## ABSTRACT

The core connotation of the Dabie Mountain spirit can be summarized as—sticking to beliefs, keeping the overall situation in mind, uniting as one, and bravely taking the lead. This spirit is a precious spiritual wealth formed by the people in the Dabie Mountain area in their long-term struggle. It has a profound historical background and rich contemporary value. It has important theoretical value and practical significance for implementing the goal of moral education. In view of this, teachers should actively explore effective ways to integrate the Dabie Mountain spirit into college teaching activities, use folk song culture as a carrier to inherit students' red genes, and implement moral education in classroom teaching activities. This is an important measure to promote the cultivation of college students' cultural literacy. Therefore, teachers should examine the Dabie Mountain spirit from a macro perspective, actively explore ways to integrate the Dabie Mountain spirit into college classrooms, and further highlight the educational significance of the Dabie Mountain spirit in educating people.

## KEYWORDS

Dabie mountain spirit; University teaching; Cultural heritage

## 1 Introduction

The Dabie Mountain Spirit is an important part of the Chinese red revolutionary culture, with a very profound historical background and profound national spiritual connotation. At the same time, the Dabie Mountain Spirit is also a red revolutionary spirit that is as famous as the Jinggang Mountain Spirit, the Long March Spirit, the Yan'an Spirit, and the Xibaipo Spirit. This paper focuses on integrating the Dabie Mountain Spirit into university teaching, explores effective implementation paths based on folk song cultural heritage, analyzes from three aspects: spiritual and cultural connotation, actual educational value, and exploration of integration paths, and proposes a variety of solutions and implementation methods.

## 2 The spiritual and cultural connotation of Dabie Mountains

The spirit of Dabie Mountain is a red culture with rich connotations and unique national characteristics. In terms of the cultural heritage of the Dabie Mountain region, it contains a variety of traditional Chinese ethnic cultures such as the ancient Chu State, Wu State, Confucianism, and Buddhism. Under the collision and exchange of these diverse cultures and folk customs, a unique and highly inclusive regional value concept has been formed. Therefore, the people in the Dabie Mountain region are more receptive to new ideas and are brave enough to explore and innovate compared to other places. At the same time, the Dabie Mountain region is also located in the Qinling Mountains, and the natural environment of mountains and rivers has also brought certain influences on the daily behavior habits of local residents. In terms of the social environment, the people in the Dabie Mountain region are more impoverished and suffer from exploitation and oppression by foreign races. This is the fundamental reason why the local people have a strong sense of resistance, which has formed the Dabie Mountain red culture with complete cultural connotations. In addition, the Dabie Mountain red culture is also a complete cultural system that integrates material culture, spiritual culture, and institutional culture. Generally speaking, the Dabie Mountain Red Culture is a special and diverse revolutionary culture that emerged in a special regional environment. It not only contains the blood, tears and wisdom of revolutionary martyrs, but also contains the ancient Chinese culture of thousands of years. It continues to grow and innovate with the changing times, providing more abundant learning materials and more realistic educational scenes for the red cultural education in colleges and universities.

### **3 The value of integrating Dabie Mountain spirit into university teaching**

#### **3.1 Cultivate students' belief in the rejuvenation of China**

In order to realize the great feat of the great rejuvenation of the Chinese nation, it is necessary to mobilize the strength of the whole nation to overcome difficulties, implement the strategy of strengthening the country with talents, accelerate the process of modernization, and comprehensively improve the well-being of the people. College students have gradually entered the youth period from adolescence, and are in an important period of forming the three views of life, values, and world outlook. In the new era of highly developed information technology, students will be exposed to the information culture of various countries through channels such as television and the Internet. Although it can effectively broaden students' horizons, it is inevitable that some students will be impressed by the bad information on the Internet and form wrong ideas, which will bring unnecessary troubles to the country, school, classmates, and family. Therefore, the school must implement the educational concept of establishing roots and building a solid foundation of faith, shoulder the important educational mission of establishing morality and cultivating people, strengthen moral education activities, and use excellent culture to cultivate students' cultural literacy and unswerving beliefs, so that they can become more outstanding socialist successors. Therefore, integrating the spirit of Dabie Mountain into the teaching activities of colleges and universities can guide students to establish lofty ideals and implement the belief of studying for the rise of China, thereby providing students with a solid national spirit guarantee and establishing a correct three-view consciousness.

#### **3.2 Broaden the channels for moral education**

The Dabie Mountain spirit was gradually formed by the military and civilians of the Dabie Mountains through 28 years of challenges. Since the beginning of the revolution, the Dabie Mountains have experienced dozens of battles of varying sizes. The red fertile soil has recorded the history of countless Communist fighters fighting and living together with the people, and contains rich red educational resources. With the continuous development of the Dabie Mountain region by the country, the red resources such as the anti-Japanese war sites and museums in the region are more mature and abundant than other regions. Based on this, teachers can make full use of these red educational resources, and use diversified teaching methods to refine and sublimate them, broaden the channels for moral education, and comprehensively enrich the classroom education resources of colleges and universities. In addition, the cultural resources of the Dabie Mountains also have quite strong local characteristics. Through stories, red folk songs, and war sites, students can more intuitively understand through these scenes that modern happy life is hard-won, cherish the good life that the revolutionary martyrs exchanged for with their blood, and subtly enhance students' patriotic feelings, and further cultivate their identity and pride in national culture.

#### **3.3 Improving the effectiveness of quality education**

Under the dual stimulation of internal conditions and external elements, the future development of college students in China will usher in a series of new opportunities, and at the same time, it will bring more severe challenges to college teachers. From the macro perspective of realizing the great rejuvenation of the Chinese nation, the school should strengthen the cultivation of students' firm ideals and beliefs, effectively apply personal growth to the practical actions of serving the motherland, and use the knowledge learned to create value and wealth for society. Inheriting the spirit of Dabie Mountain can effectively improve the effectiveness of quality education, convey the core of the red spirit to students with diversified teaching methods, cultivate students' spirit of facing difficulties and forging ahead, and externalize it in practice.

### **4 Exploration of the path of integrating Dabie Mountain spirit into university teaching**

#### **4.1 Relying on the group cooperative teaching model, in-depth explanation of the Dabie Mountain spirit**

Classroom teaching is the "first scene" for students to receive college education. It is also an important way to effectively integrate the spirit of Dabie Mountains into college teaching activities, and an important link for students to deeply learn about it. In view of this, teachers should flexibly adjust classroom teaching methods according to students' actual learning situation, use group cooperation teaching mode to inherit the folk song culture of Dabie Mountains, let students work together in groups to explore and analyze relevant knowledge, and ensure that students can "grasp" the spirit of Dabie Mountains under the guidance of teachers, and then achieve the main educational goal of cultivating souls

and educating people.

For example, teachers can play the classic folk song "Send My Husband to the Red Army" from Dabie Mountain for students in specific teaching scenarios, so that students can experience the love and support of the Red Army from the perspective of music, lay a foundation for better classroom teaching activities in the future, and fully highlight the role of the classroom as the main battlefield for educating people. Afterwards, in the form of "storytelling", tell students about the creation background of the music "Send My Husband to the Red Army", and then introduce the theoretical knowledge of the red spirit of Dabie Mountain. Divide students into several study groups, collect and organize the singing methods of different dialects of the folk song, and use folk songs as a carrier to fully explore the educational resources of the red spirit of Dabie Mountain. Encourage each group to tell the collated materials in a true and sincere way through oral narration, and then play its role as a typical demonstration and role model, strive to unify the value and knowledge of the spirit of Dabie Mountain, and guide students to explore the spirit of Dabie Mountain independently through folk songs. The revolutionary miracle of the red flag remaining unfallen for 28 years highlights Dabie Mountain's belief in liberating China. With the help of music, the spiritual connotation of Dabie Mountain is explained to students, which fully stimulates students' auditory nerves and ensures that students can deeply feel the heroes' unswerving ideals, beliefs and value pursuits.

#### **4.2 Relying on practical classroom teaching activities to thoroughly understand the spirit of Dabie Mountain**

Practical teaching activities can effectively improve students' classroom participation. Compared with traditional teaching methods, they are more vivid and interesting. They can allow college students to personally experience and perceive the red spirit of Dabie Mountain in the process of practice, and then extract the scientific connotation, ensuring that the spirit of Dabie Mountain is fully infiltrated and integrated into college teaching activities, thereby comprehensively improving classroom teaching effectiveness. Based on this, teachers should start with students' daily learning situation, use diversified classroom practical activities, strengthen the design of specific content, give full play to the unique effectiveness of practical teaching activities, and encourage students to understand the red spirit of Dabie Mountain more thoroughly.

For example, teachers should combine practical teaching activities with students as the center to reasonably design classroom practical activities based on the narration of the Dabie Mountain spirit. On the basis of indoctrination education, students should have a deep and thorough understanding of the red spirit of the Dabie Mountains, ensuring that students internalize knowledge in the specific real scene process, and avoid the learning situation of "knowing it but not knowing why". In addition, teachers should also respect history in the process of designing practical activities. For example, teachers can combine some scenes mentioned in the folk songs of the Dabie Mountains to lead students out of the campus and visit local revolutionary sites in an organized manner to witness the hardships of the soldiers and civilians in the Dabie Mountains and the vicissitudes of revolutionary history. Music is the continuation of the revolutionary spirit and the intangible carrier of the inheritance of national culture. Through field visits and folk songs, students can have a more thorough understanding of the formation background and specific formation process of the Dabie Mountain spirit, prevent students from having a wrong understanding of the Dabie Mountain spirit under the interference of false historical information on the Internet, and encourage them to respect history, seek truth from facts, and take over the burden of realizing the great rejuvenation of the Chinese nation from the revolutionary predecessors. In addition, teachers should appropriately connect theoretical knowledge with practical activities to encourage students to have a deeper understanding of the principles contained in the Dabie Mountain spirit. At the same time, they should infiltrate and integrate this spirit into students' daily lives through red song competitions, constantly use fresh and interesting campus practical activities to mobilize students' interest in learning, encourage students to collect Dabie Mountain folk song materials independently, sing in chorus in classes or groups, use traditional folk music as a carrier, inherit the connotation of the Dabie Mountain red spirit, and help students use "singing" to strengthen their understanding of the Dabie Mountain spirit.

#### **4.3 Relying on modern information technology to vividly learn the spirit of Dabie Mountain**

Modern information technology is a major breakthrough in college teaching methods. The Internet has brought unlimited convenience to people's daily lives. With its timeliness, convenience, comprehensiveness and other characteristics, it can perfectly solve the negative phenomenon that students are affected by cognitive ability and cannot

deeply understand the content of textbooks. Based on this, teachers can use modern information technology to optimize and upgrade the classroom, help students break through the limitations of time and space, better walk into that period of history, build a mechanism for cultivating morality and cultivating people with multimedia technology as the main position, learn the red spirit of Dabie Mountain in a vivid classroom teaching situation, encourage students to independently promote and inherit the Dabie Mountain culture, and comprehensively improve the quality of college teaching.

Teaching activities carried out by means of modern information technology are more like an extension and supplement to "storytelling" and "practical activities". They provide a platform for students who cannot see the revolutionary sites of Dabie Mountain in person to learn relevant knowledge in a concrete way. They can effectively integrate the red spirit of Dabie Mountain into the teaching activities of colleges and universities, solve the monotonous status of the traditional education model, break through the shackles of time and space, and restore the epic historical scene for students in the classroom. Therefore, teachers should actively use the Internet to maximize the comprehensiveness of network channels, collect a large amount of Dabie Mountain spiritual culture from a huge database, create a major network education position to promote the spirit of Dabie Mountain, organically combine online and offline teaching activities, and comprehensively expand the way to integrate the spirit of Dabie Mountain into college education. At the same time, teachers can also use multimedia equipment to play a large number of dynamic resources such as Dabie Mountain Revolution documentaries, music, lectures, etc. for students, and directly present the revolutionary spirit of Dabie Mountain to students, and enhance students' interest in classroom learning by strengthening audio-visual stimulation to students. In addition, teachers can also encourage students to collect and upload folk songs of Dabie Mountain on their own, establish a unique Dabie Mountain spirit education resource library, and use the theme of "Twenty-eight Years of Red Flags" to store the life stories, revolutionary stories, red sites and other educational resources of many revolutionary heroes in Dabie Mountain. Relying on modern information technology, these revolutionary martyrs will always live in the hearts of students. With the continuous enrichment and expansion of the resource library by students and teachers, students will also better understand the spirit of Dabie Mountain in the process of independent exploration, and there are abundant online resources for students to refer to, so as to deeply understand the revolutionary culture of Dabie Mountain. At the same time, teachers can also regularly play relevant music materials for students, collect some Dabie Mountain musicals, and let students imitate and perform, so as to encourage them to get closer to history and feel the vividness of truth in person.

## 5 Conclusion

The blood and sweat of the military and civilians in Dabie Mountain created the legendary feat of "the red flag has not fallen for 28 years", which can be regarded as a revolutionary miracle since the beginning of the revolution and has left a strong and colorful mark in the history of the Chinese revolution. Based on this, on the road to achieving the second centenary goal, colleges and universities should actively integrate the spirit of Dabie Mountain into their teaching activities, fully highlight its educational significance of cultivating morality and cultivating people, carry forward and inherit excellent red thoughts, comprehensively enhance the ideological and affinity of college teaching activities, cultivate young people of the new era who have ideals, responsibilities, courage to struggle, and face difficulties, and inject fresh blood into the realization of the great rejuvenation of the Chinese nation.

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